

ALWAYS WORKING FOR A SAFER AND HEALTHIER COMMUNITY



2025

ANNUAL REPORT

Our mission

To protect and improve the health of individuals and communities in Chelan and Douglas Counties through the promotion of health and the prevention of disease and injury.

Our vision

Chelan-Douglas Health District makes optimal use of available resources and partnerships to provide high quality public health services in Chelan and Douglas Counties. Its program priorities emphasize the foundational public health functions basic to public safety in any community.

VALUES

Collaborations

Community partnerships produce cost effective health outcomes by bringing people, resources and organizations together.

Community Service & Accountability

As vigilant stewards of the public's trust, we provide efficient services that are responsible and accountable to the community and its elected representatives.

Improvement

We continuously improve the quality of our services and systems to better serve our community through a system of benchmarks and program evaluation.

Education

Education is a key tool in achieving all public health objectives..

Equity

We believe everyone in our community deserves an equal opportunity for a healthy life..

Prevention

We believe that prevention is the most effective way to protect our community from disease and injury.

Population-Based Services

We make data-driven decisions and deliver science-based programs, knowing that the provision of population-based services is the defining responsibility of public health.

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Communications

Communications

Number of News Releases

9

Number of Provider Alerts

5

Notifiable Conditions Series

4

Department Support

First Quarter

- Promoted 1st ABCD Coloring Contest
- Supported Friends for Life campaign via theater ads
- Communicated Notifiable Conditions Series (quarterly)
- Gathered information for Annual Reporting
- Created Provider Alert section for website

Second Quarter

- Hosted Champions for Public Health event
- Continued developing monthly newsletter
- Promoted Friends for Life campaign via billboards
- Attended Government Social Media Convention
- Participated in a tabletop exercise in Kittitas

Third Quarter

- Created a Social Media Policy
- Supported local firework campaign
- Scheduled radio ads for several departments
- Created a Language Access Guide
- Hosted All-Staff meeting

Fourth Quarter

- Collaborated with HR to update Bilingual Policy
- Collaborated with local PIOs during flooding event
- Updated COOP plan for Communications
- Posted Community Health Assessments to website
- Supported departments with their requests (year round)

Partnered with:

- 2nd Harvest

AHEC

Community Language Services
- KPQ

La Nueva

La Pera

Communications

PARTNERSHIPS

- St. Jude's Resource Fair
- CVCH Ag. Mobile Clinic (June-Sept.)
- Community Connect Events @ Wenatchee Library

TRAININGS

- WA State Promotora/CHW Network Intensive Training @Ellensburg
- 2025 Northwest Community Health Worker Forum @Yakima

DISTRIBUTIONS

- Respiratory Illness Flyer in January
- Condom Bowls (quarterly)
- Friends For Life Posters

HOSTED

- CDHD Resource Fair
- 2nd Harvest Food Distribution
- CDHD Sledding into Health Event

COLLABORATIVE MEETINGS

- Community Connect Monthly Meetings
- WSD Inter-Agency Meeting
- CAFE Coalition Meeting

14,020

TOTAL PUBLIC INTERACTIONS

PARTICIPATED IN 60 EVENTS

- Eastmont Day of the Child @East Wenatchee
- Early Childhood Education Fair @Wenatchee School District
- NCW Earth Day @WVC, Wenatchee
- ECEAP Health Fair/Parent Night @Manson
- CAFE Pachanga y Mercadito @Wenatchee
- Literacy Night/Resource Fair @Palisades School
- Resource Fair @Lighthouse, Wenatchee
- Healthy Kids Day @YMCA, Wenatchee
- Apple Blossom Youth Day @Wenatchee
- Confluence Health Fair: Be Well/Stay Well @Wenatchee

- STEM Night @ Entiat School
- Point in Time Count @Lighthouse
- Migrant Family Night @Wenatchee
- Community Engagement Night @Leavenworth
- EPIC ECEAP Family Night @Bridgeport
- Eastmont Career Fair @East Wenatchee
- Eastmont Parent Informed Night @East Wenatchee
- Cascade School Health Fair @Cashmere School
- KPQ Home Expo Show @TTC, Wenatchee
- Together Harvesting Success @WVC, Wenatchee

- Eastmont Summer Kick Off @East Wenatchee
- Wenatchee Pride
- Touch a Truck @WVC, East Wenatchee
- Founders Day @Cashmere
- It takes a Village @Pybus, Wenatchee
- Brave Warriors Resource Fair @Wenatchee
- National Night Out @East Wenatchee & Chelan
- CVCH Back to School Health Fair @East Wenatchee
- Resource Fair @Manson
- Back to School Health Fair @Chelan

- Community Fair @Wenatchee High School
- Community Block Party @Leavenworth
- NCW Fair @Waterville
- Back to School BBQ @Manson School
- Back to School Health Fair @Bridgeport
- Chelan County Fair @Cashmere
- Fiestas Mexicanas @Wenatchee
- Farmers Market @Waterville
- Fall Prevention/Senior Health Fair @Waterville
- Fall Prevention/Senior Health Fair @Wenatchee

- Seedlings Resource Fair @Bridgeport
- Head Start Family Night @Wenatchee
- Trunk or Treat @Waterville
- Bob's Burgers Trunk or Treat @East Wenatchee
- Open Enrollment @Pybus, Wenatchee
- Wellness Night @Chelan
- Posada de Salud @CVCH, Wenatchee
- CDCAC Tabling @Wenatchee
- Community Cupboard Tabling @Leavenworth
- Handwashing Activity @Palesides School

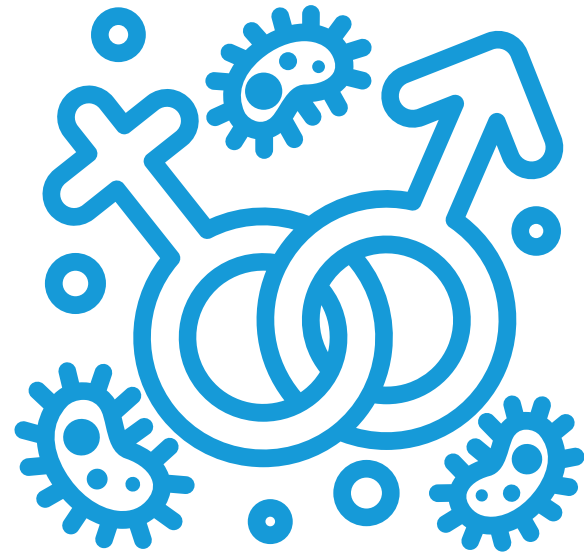
- Early Learning Fair @Leavenworth
- Health Fair @Orondo School
- PUD Kid's Fest @Rocky Reach Dam
- Community BBQ @Entiat School
- EPIC Resource Fair @East Wenatchee
- Farmer's Market @Cashmere
- Wellness Expo @WVC, Wenatchee
- Head Start Resource Fair @Wenatchee
- Bridgeport Daze
- Chelan Pride

Outreach

Outreach events raise awareness of the services available to community members, making it easier for people to access the support they need. Strong partnerships enhance these efforts by fostering collaboration, allowing community members to connect with multiple resources in one convenient, centralized setting.

Communicable Diseases

Communicable Disease



The Communicable Disease (CD) team plays a vital role in preventing and controlling communicable diseases in Chelan and Douglas counties by tracking and investigating outbreaks, notifiable conditions, coordinating public health lab testing, and providing locally relevant responses in accordance with the FPHS Standards.

2025 Highlights

Total Investigations Completed: 891

Total Outbreaks: 12

Top 3: Communicable Diseases (Confirmed/Probable Cases):

Campylobacter: **44 cases**

Hepatitis C: **27 cases**

Salmonella: **13 cases**

Top 3: Sexually Transmitted Infections (STIs):

Chlamydia: **433 cases**

Syphilis: **37 cases**

Gonorrhea: **28 cases**

Other Key Public Health Investigations:

Animal bites and potential rabies exposures: 56 investigations; 7 individuals received rabies post-exposure prophylaxis (PEP); no confirmed human rabies cases (rabies exposures are reportable in Washington State)

Hepatitis C investigations (broader case work): 132 investigations (61 confirmed/probable)

2025 Key Accomplishments

Prevented illness spread in our community, schools and health care facilities

Disease Investigations Completed: **891**

Outbreak Investigations Completed: **12**

Increased provider awareness and reporting compliance on drug overdoses, foodborne illness outbreaks, tickborne illnesses and avian influenza (bird flu)

Background Information

What are Communicable Diseases?

Communicable diseases are illnesses that can spread from person to person, through contact with animals, food, water, or the environment. Examples include influenza, sexually transmitted infections (STIs), foodborne illnesses, and diseases carried by animals such as rabies or avian influenza. Monitoring and responding to these diseases is a core responsibility of CDHD and public health in general.

At Chelan-Douglas Health District, the Communicable Disease (CD) team plays a vital role in **protecting community health** by tracking, investigating, and responding to illness across Chelan and Douglas counties. This work reflects core public health services—such as disease surveillance, investigation, and prevention—and aligns with national public health standards that ensure communities are protected from health threats.

What are Notifiable Conditions?

In Washington State, certain diseases and conditions are classified as notifiable conditions, meaning healthcare providers, laboratories, and other partners are required to report them to public health.

These reports allow us to:

- Detect outbreaks early
- Respond quickly to reduce spread
- Monitor disease trends over time
- Provide education and prevention support

What happens when a case is reported?

When a notifiable condition is reported, our CD team works to support individual care as well as protect the broader community by:

- Reviewing and confirming the report meets state criteria
- Conducting follow-up with patients (as appropriate)
- Identifying and notifying close contacts when needed
- Providing guidance to prevent further spread
- Coordinating with healthcare providers, schools, and partners

Education Series: Notifiable Conditions

To support our local providers, CDHD launched a Notifiable Conditions Education Series in 2024 to help demystify reporting requirements and provide condition-specific guidance. Each presentation was followed up with short video and educational flyer.

Topics covered:

- Overdose as a Notifiable Condition – February 6, 2025
- Foodborne Illness Outbreaks – May 1, 2025
- Tickborne Illnesses – August 7, 2025
- Avian Influenza (Bird Flu) – November 6, 2025

Overdose Reporting

Since 2019, **overdoses have been designated as a reportable condition in** Chelan and Douglas Counties, recognizing their importance as a public health issue.

In 2025 we developed a new reporting system, with feedback from partners, in hopes of improving notifications. This reporting system automatically connects the individual with care services that can help them pursue recovery from addictive substances. CDHD works in collaboration with the The Center For Drugs and Alcohol Treatment (CFDAT) to connect patients who experience an overdose reversal with meaningful follow-up care. These reports help ensure a prompt follow-up during a crucial window for initiating the recovery process.

Here are the results of the new system in 2025:

18 overdose reports were submitted to CDHD through the newly developed local reporting form

However, state emergency medical services data (WEMSIS) indicates:

170 overdoses occurred in Chelan County

37 overdoses occurred in Douglas County

This difference highlights an important opportunity to strengthen local reporting pathways and improve surveillance, ensuring public health has timely and complete data to inform prevention and response efforts.

Additionally, reporting for Notifiable Conditions can be found here: [Reporting Notifiable Conditions - CDHD](#)



Epidemiology, Assessment & Surveillance

The Epi-Assessment team plays a critical role in assessment, surveillance and epidemiology by gathering and managing essential data, analyzing trends to identify community health priorities, and using that insight to inform planning, guide decisions and support public health actions. This work is supported in part by regional funding and staff provide epidemiology and assessment support to Chelan, Douglas and Okanogan counties.

2025 Key Accomplishments

Developed New Viral Respiratory Illness Dashboard for Region
Completed 2025 Community Health Assessment
Represented Region on the Statewide Health Improvement Plan

Epidemiology & Surveillance Accomplishments

Created Region's First Viral Respiratory Illness Dashboard

The Regional Epidemiologist developed and published CDHD's first ever Viral Respiratory Illness Data Dashboard to the Chelan-Douglas website (available at <https://www.cdhd.wa.gov/providers>). The dashboard displays local and regional trends of respiratory illness including disease activity thresholds for emergency department visits. The dashboard is an important new tool for CDHD and healthcare providers across the region to make informed, local data-driving public health planning and decision-making for enhanced infection prevention measures at the local and regional level.

Developed New Wildfire Smoke-Related Health Surveillance

Seasonal surveillance data linking air quality (PM2.5) with emergency department visits for smoke-related and exacerbated health conditions were collected across Chelan-Douglas and Okanogan counties. This work supports preparedness planning and resource deployment to reduce health impacts during wildfire smoke events.

Mentored University of Washington Graduate Students through UW SEAL Program

The CD-Epi Department recruited and oversaw four (4) epidemiology students to work on CDHD-identified projects supporting the work of the district. Through this collaboration, CDHD is helping to prepare future epidemiologists for work at local rural health jurisdictions. Students completed the following projects:

- Developed an internal dashboard for CD Investigations to help report trends
- Mapped sexually transmitted infections (STIs) in Chelan-Douglas
- Mapped high-risk avian influenza transmission risk areas
- Conducted analysis of emergency supply chain dependency

Facilitated the North Central Washington Epidemiology Consortium

The team continued convening a CDHD-led regional meeting for epidemiologists, assessment coordinators and communicable disease staff at local health jurisdictions and facilitating regular coordination with partners Thriving Together NCW and the University of Washington. The team facilitated 34 group meetings in 2025 to improve regional collaboration, resource sharing, and emergency response planning in the region.

Assessment Accomplishments

Completed CDHD's 2025 Community Health Assessment

Every five years, the agency engages in a comprehensive, data-driven process to identify the community's health status, needs and resources. This year, the team completed the process and published a series of reports that together tell our community's story.

The findings have been presented to a wide range of regional and local workgroups, taskforces and organizations and have been used to secure grant funding to address key priority areas highlighted in the report. The team has also planned a social media campaign to share the findings with the general public. The reports are available, by topic, on the CDHD website in the Health Data section: <https://cdhd.wa.gov/health-data>

Co-Hosted Data Showcase on Behavioral Health

In collaboration with CDHD's Community & Family Health Department, the team developed and co-hosted a Behavioral Health Data Showcase for community partners on October 14, 2025. The event was held at Wenatchee Valley College and over 70 people from 34 organizations participated. In an exit survey, 96% of event participants rated their satisfaction with the event as great or excellent.

Represented Region on the Statewide Health Improvement Plan

The assessment coordinator served as one of 38 alliance members on the Statewide Health Improvement Plan (SHIP). In her role, she reviewed, collected and analyzed data and helped identify the state's top two priority health issues: access to care and behavioral and mental health. She also served on a workgroup to identify and select key indicators for the Statewide Health Assessment.

Participated in Nationwide Public Health Workforce Survey & Presented Key Local Data

After successfully recruiting CDHD staff to participate in a national PHWins workforce survey in 2024, the agency received its local workforce data in 2025. The assessment coordinator developed and shared a comprehensive report with the agency, which helped inform staff and leadership on local workforce topics and showed how the CDHD workforce compared with state and national averages. This data helped inform priorities for contract negotiations and will be used as a baseline for CDHD to compare to in the future.

Community & Family Health

Access to Baby & Child Dentistry

Care Coordination

Child & Youth with Special
Health Care Needs

Immunizations

Nurse-Family Partnership

Prevention

Women, Infant, & Children

Programs & Services

Program Goals

Increase immunization awareness and coverage across the lifespan

Increase access to medical, oral and mental health services

Decrease health disparities

Improve maternal outcomes during pregnancy

Improve child health & development/ increase Kindergarten readiness

Provide nutrition education and supplemental foods to pregnant and breastfeeding women and children

Increase access to preventive oral health services for children

Reduce fatal overdoses from illicit substances

Reduce chronic disease, injuries and violence

Highlights of 2025

Established data sharing agreements with local and state partners to receive timely data on overdoses and other injuries that may require an immediate public health response.

Established a Child Fatality Review (CFR) Team—a multidisciplinary group of professionals that reviews child deaths to understand circumstances, identify risk factors and develop prevention strategies.

Became lead agency for Chelan Douglas Safe Kids Coalition

Established a Youth Advisory Board to identify challenges and barriers young people face accessing and using health care services and systems, identify health topics important to young people and share solutions needed to support youth to reach optimal health and wellbeing.

Became a contracted partner within the Community Connect Care Coordination Network.

Secured funding to establish a perinatal mental health support group for pregnant and post-partum women that need extra support.



Access to Baby & Child Dentistry

Access to Baby and Child Dentistry puts young children across Washington State on a lifelong path to good oral health. ABCD connects low-income families with providers who know how to care for young children, focusing on prevention and avoiding tooth decay, as well as educating parents about how to take care of their children’s teeth.

Our ABCD Program serves Chelan, Douglas, and Okanogan Counties. Our program coordinator works with our three (3) ABCD Champions and ten (10) ABCD-certified dental offices to ensure dental providers are properly trained and certified to care for young children.

Program Eligibility

- Children 0-5 years
- Children under 13 years with DDA indicator
- Enrolled in Apple Health
- Resident of Washington State

Program Benefits

- A fluoride varnish application every four months
- 2 yearly dental exams
- 2 yearly parent education sessions
- Restorative care as needed

Number of Children Enrolled	Number of Community Outreach Events/Total Number Reached	Total Outgoing Referrals to Other Services
227	32/6,952	299

In 2025, we held our first Annual Coloring Contest to promote National Children’s Dentistry Month in February. We received 200+ entries. Here are photos of the winners.

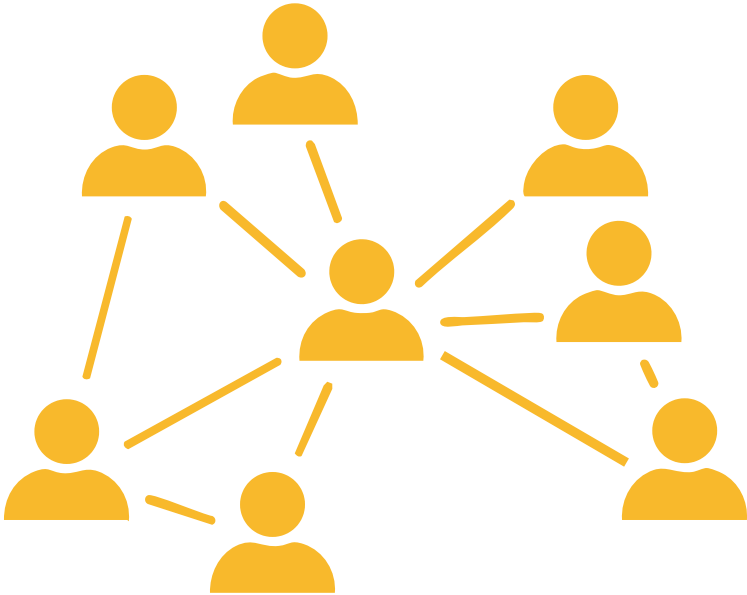


Community-Based Workers offer the following services

- Case Management
- Connection to community resources and programs
- Assistance with applying for programs
- Assess needs and goals
- Guidance to achieve stability and improved health

New Referrals Received	Clients Enrolled	Clients Served
39	30	30

In July of 2025, Chelan-Douglas Health District became a contracted partner within Community Connect, a community-based care coordination model in our region. This model ensures that at-risk community members are served in a timely, coordinated manner and are connected to meaningful health and social services that contribute to positive health outcomes.



Community Connect

The Community Connect program aligns with state-wide community-based care coordination standards: engage, assess, support and connect.

Our Client Profile

- 72% Hispanic
- 60% preferred language is Spanish
- 88% enrolled in Apple Health
- 60% male
- 83 social barriers identified at intake
- 68 health barriers identified at intake

Identified Health Barriers

- Insurance
- Dental
- Behavioral Health: Therapy & Outpatient Treatment
- Health Care: Vision
- Primary Care
- Specialty Care
- Health Care: COVID-Acute

Identified Social Barriers

- Legal Assistance
- Food Access
- Clothing
- Disability Care
- Child Care
- Transportation
- Education
- Social/Community Connection
- Communication (phone/internet/computer)
- Safety: Home Environment
- Language learning support
- Employment Assistance
- Financial Instability



Who are Children and Youth with Special Health Care Needs?

Children and Youth with Special Health Care Needs are children and youth with diverse needs. They may have or be at increased risk for chronic physical, developmental, behavioral, or emotional conditions. Their complex needs mean many areas of their life may be impacted. Our CYSHCN coordinator helps connect families to the resources and care services they need and support the development of systems of care for CYSHCN in our local communities.

Number of Clients Enrolled	New Referrals Received	New Clients Enrolled	Total Completed Encounters for the Period	Total Outgoing Referrals to Other Services
51	28	24	506	87

Children and Youth with Special Health Care Needs

The Children and Youth with Special Healthcare Needs (CYSHCN) program is part of the Maternal Child Health Block Grant (MCHBG). CYSHCN promotes connected systems of care for children and youth with special care needs from birth through transition to adulthood. We work with state, local, and community partners to help connect CYSHCN and their families to the health and related services they need to thrive and offer care coordination for families needing extra support navigating the complex and often fragmented systems of care.



In October of 2025, we transitioned away from providing direct care coordination for CYSHCN families to focus on policy, systems, and infrastructure to improve the care CYSHCN families receive. The families that would benefit from care coordination are now being supported by Community- Based Workers within the Community Connect Program.



Immunization

The immunization program works to achieve high immunization rates for our children, adolescent and adult populations by educating medical providers and community members about the risks associated with not being vaccinated and assuring access to immunizations for our underserved, high-risk populations (i.e. People residing in rural areas, underinsured/uninsured people, people experiencing homelessness, people incarcerated).

We continue to work to increase the uptake of new and underused vaccines, offer immunization services to the underserved through outreach clinics, and improve vaccination across the lifespan by sharing evidence-based strategies to improve vaccine coverage. We also share best practices in vaccine storage and handling (S & H) and administration with medical providers to fully ensure the safety of vaccines.

A strong recommendation from a trusted health care provider remains one of the most effective strategies for reducing vaccine hesitancy and increasing vaccine uptake among families. Research consistently shows that when providers offer a clear, confident, and routine recommendation for childhood immunizations—especially during well-child visits—parents are more likely to feel reassured and choose vaccination on schedule. Providers play a critical role in normalizing vaccines as a standard part of preventive care and in addressing questions with empathy and evidence-based information.

To strengthen this approach locally, we invited pediatric and family medicine providers to partner with us in promoting childhood immunizations. Participating providers recorded brief video messages highlighting why they recommend vaccines and why immunization is essential to protecting children and the broader community. These videos are being shared through CDHD communication channels to amplify trusted local voices and reinforce the importance of timely childhood vaccination. To view these videos, visit our [Immunization webpage](#).



The purpose of IQIP is to promote and support the implementation of provider-level quality improvement strategies designed to increase vaccine uptake among childhood and adolescent patients in adherence to the ACIP-recommended routine schedule. We completed **29 IQIP visits** this year.



Immunize Washington is a program that recognizes clinics that reach immunization rates of 70% or higher in childhood and adolescent populations and those that reach 25% or higher immunization coverage for the first dose of HPV vaccine for 9- and 10-year-olds. In part because of the IQIP visits we completed with providers, seven (7) regional providers received Immunize Washington Awards.

Activities	2025
Number of people vaccinated	131
Influenza vaccines given	114
COVID-19 vaccines given	20
Hepatitis A vaccines given	34
Mpox vaccines given	0
Tdap vaccines given	32
VFC compliance site visits	25
Unannounced S & H visits	1
Provider Enrollment visits	0



Nurse-Family Partnership

In 2025, our NFP nurses partnered with 84 at-risk moms and their families living in Chelan and Douglas Counties. This evidence-based program serves low income women who are pregnant with their first child. By enrolling women early in their pregnancies, our nurses help them achieve healthy pregnancy outcomes, improve their children’s health and development, and become more economically self-sufficient. The CDHD NFP program is funded by General State Funds, which is administered by Department of Youth, Children and Families (DCYF) in Washington State.

Key Goals

- Improve pregnancy outcomes by helping women engage in good preventative health practices
- Improve child health and development by helping parents provide responsible and competent care
- Improve economic self-sufficiency by helping parents develop a vision for their own future

Chelan-Douglas NFP Moms

Median Age	Unmarried	On Medicaid	Annual Household Income less than or equal to
22 YEARS	88%	90.6%	\$9,000-\$12,000

Outcomes

Babies born at a healthy weight	Babies born full term	Mothers initiated breastfeeding	Clients employed postpartum	Babies recived all immunizations by 12 months	Children Tested for Lead Exposure at 24 Months
96.7%	93.33%	100%	46.5%	100%	21.74%

COMMUNITY & FAMILY HEALTH

Number of Families Enrolled	Number of Families Served	Number of Children Served	New Clients Enrolled	Clients Closed	Number of Graduates	Total Completed Encounters for the Period	Total Outgoing Referrals to Other Services
84	84	71	36	*45	26	692	226

*Dismissed from program for other reasons (moving out of area, unable to contact)

POSITIVE IMPACTS

"Being a first-time mom was an exciting, but scary time in my life. Luckily, I had the support of Veniece, with the Nurse- Family Partnership. Anytime I was going through difficult times during my pregnancy and after giving birth I knew I could always count on Veniece to listen to these concerns and give me professional advice when needed. All of my questions were answered during our visits and I always felt as if I were talking to a friend.

She also helped me step out of my comfort zone. She encouraged me to sign up for a housing lottery and my daughter and I ended up getting 2nd place! Something I never would've imagined, happened thanks to Veniece's encouragement.

Even then I was having second thoughts. Veniece listened to these concerns and helped me want to find something better for my daughter and I. Thanks to her we are now living in a home that I can afford and will hopefully continue to help us save for a better future."

"Thank you so much for all you have done for us. Becoming a mom has been the greatest gift of my life, while also being the most terrifying thing I've ever done. Knowing that I had someone in my corner who wanted the best for me and my family was the biggest comfort. You're such a superhero! We are so lucky we got to learn so much from you."

"I am truly thankful for our lovely nurse, without her I believe I would've went bald! She has helped us tremendously and has supported us through all the changes in this growing time."

-Yuriko





Prevention

Our team works to promote healthy living through health promotion and preventable activities.

2025 Highlights

Co-Facilitated 12 Weight Loss Support Group meetings

Positive Impacts of weight loss Support group:

"My blood work reflects so many healthier changes! Lowered my c-reactive protein from 5.6 to 3. Fasting glucose went from 103 to 88! My SED rate also reduced from 66-37."

"I lost 17 inches overall and 19 pounds! My BMI is 24.5 and I was able to make myself the priority."

"I feel so much less achy and sore all the time. Am able to care for myself easier- I am able to put lotion on my lower legs, cut my toenails and put on my socks."

"My A1c is finally at the ideal level it should be at."

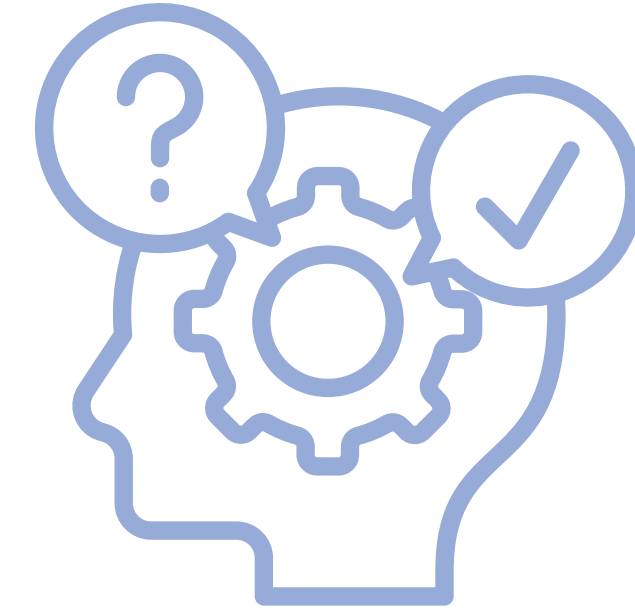
What's new?

The CDHD Youth Advisory Board (YAB) was established to strengthen the health of our community by identifying challenges and barriers young people face accessing and using health services, identifying health topics important to young people and sharing solutions needed to support youth in reaching optimal health and wellbeing. The YAB is open to students in grades 9-12. We facilitated 6 meetings with 9-13 active members.



What is Chelan-Douglas youth concerned about?

Sexual Health
Vaping Cessation
Mental Health



What did we accomplish?

✓ Sexual & Reproductive Health:

Health Educator worked with Wenatchee School District's Teaching and Learning Director to plan curriculum for Sexual & Reproductive Health

✓ Vaping:

Supported Together for Youth's "Quit Kit" project to give students the resources to Quit Smoking/Vaping
Together for Youth presents information at most YAB meetings on vaping

✓ Mental Health:

13 YAB Members received Question Persuade and Refer (QPR) Certification through Together for Youth

Only 7 Seconds Presentation on AI/Chatbots and impacts on mental health

Reviewed CDHD Behavioral Health Community Health Assessment data, prioritized 5-6th grader support for Mental Health

YAB Members informed After School Programming for Pioneer Middle School, and assisted CDHD in creating relationships with students during programming

What else did the YAB do?

They supported CDHD's Infant Formula Drive in November.



Overdose Prevention Work

We launched a large-scale campaign focused on opioid awareness, prevention and education. We partnered with the Friends for Life Campaign to utilize existing campaign materials.

Campaign Highlights:

- Ran movie theater ad for 6 months promoting Friends for Life Campaign
- 2 billboards promoting Friends for Life Campaign
- Distributed 200 Friends for Life flyers in our local communities
- Friends for Life materials in newspaper ads with:
 - [Cashmere Valley Record](#)
 - [Leavenworth Echo](#)
 - [Quad City Herald](#)
 - [Lake Chelan Mirror](#)
 - [The Comet](#)



- NCW Life interview about overdose prevention and stigma prevention
- Radio ads on Alpha Media
- 4 staff members trained in Naloxone Layperson Administration
- Conducted 12 Naloxone administration trainings in the community
- 118 community members trained to administer Naloxone
- 20, 542 Direct Mailers to residential addresses in Chelan and Douglas Counties

We worked with the following partners to establish low-barrier access to Brixadi, a prescription drug for treating moderate-to-severe opioid use disorder (OUD). We targeted Wenatchee's unhoused population.

- [CAFÉ](#)
- [City of Wenatchee Outreach Team](#)
- [Ideal Option](#)
- [CVCH](#)
- [Center for Drug and Alcohol Treatment](#)
- [Recovery Navigator Network](#)
- [Coordinated Entry](#)
- [Oxford House Network](#)
- [St. Francis](#)

Healthy Aging and Adult Injury Prevention

Senior Fall Prevention Events

- 2 Events, 50 attendees (Chelan and Douglas Counties)
- Received multiple grants to increase awareness of healthy aging and dementia risk
- Partnered with Seattle King County to promote Lock it Up – Safe Firearm Storage Campaign
 - Distributed 241 firearm locking devices to community members and partner agencies that serve families



Garth Donald, Mental Health & Substance Abuse Coordinator promoting safe firearm storage at Hunters Safety event.

Child Injury Prevention

Car Seat Safety

- Health Educator became certified as a Car Seat Safety Technician (CPST)
- Received a Car Seat Safety Mini Grant to purchase supplies for community-based car seat checks
- Became Lead agency for Chelan Douglas Safe Kids

Water Safety

- Attended health fairs and distributed water safety education
- Distributed 145 life jackets



Brianna Rice, Community Health Dietitian presenting at Confluence Health's Think Again, Healthy Aging Summit on Nutrition's impact on Brain Health.



Brianna Rice, Community Health Dietitian & Lisa Pilkinton, Health Educator presenting at Wenatchee School District STEAM Night, effects of added sugar and benefits of eating whole foods.

Chronic Disease Prevention

- Provided 4 nutrition skills classes to YWCA residents to teach affordable and balanced meals for **25 residents**
- Nutrition Education:
 - Wenatchee High School Health Classes (exercise science & fundamentals of healthcare nutrition education) - **221 students**
 - Food Pantry Outreach - **100 people** reached with nutrition education
 - Provided 300 recipes at our Food Distribution Event in October
 - Educated 45 school nurses on signs/symptoms of eating disorders and provided information on food allergy management
- Participated in the creation of the NCW Food Council with goals to make our food system more sustainable and improve food security in our region



Women Infants and Children

WIC is a program that supports healthy nutrition for all pregnant and breastfeeding women and children through the age of five. The CDHD WIC Program offers services in East Wenatchee and Leavenworth.

PROGRAM SERVICES

- Health screening
- Nutrition and health education
- Breastfeeding support
- Help getting other services

WIC Farmers Market Nutrition Program (WIC FMNP) is part of the Special Supplemental Nutrition Program for lower income Women, Infants, and Children. Their goals are:

- Provide fresh, healthy, unprocessed, locally grown fresh fruits, vegetables, and cut herbs to WIC families
- Expand awareness and sales at farmers markets and farm stores

2025 Government Shutdown

In early September, Department of Health (DOH) WIC staff began meeting with local WIC agencies to discuss potential funding cuts for FFY26. By late September, the possibility of a government shutdown and its impacts were communicated to programs. Although states had not yet received a Notice of Funding Award, DOH received limited USDA FNS and Section 32 funds to support food benefits and minimal operations through mid-to-late November. The food funding was contingent on benefit redemption rates.

The shutdown significantly affected operations—DOH operated with 10 staff after temporarily laying 50 off, and one WIC clinic in Washington closed temporarily. Several clinics across WA furloughed staff. CDHD issued furlough notices to two of three WIC staff in the event the shutdown extended beyond November. CDHD received \$27,574 to sustain operations through November, though this was insufficient to support full operations.

The federal shutdown ended on November 12, 2025. A total WIC shutdown in WA would have impacted more than 3,000 women, infants, and children in Chelan and Douglas counties, heightening food insecurity and reducing access to infant formula for already vulnerable families.

WIC STATS	Total clients served	Total women enrolled	Total infants/children enrolled	Total WIC dollars to grocery stores	Total WIC dollars Farmers Markets	Total WIC dollars for Fruits & Vegetables Only
2024	966	239	727	\$522,271.85	\$3,610.35 (70.38% redeemed)	\$155,688.58
2025	925	232	693	\$544,067.16	\$2,701.61 (55.59% redeemed)	\$158,582.97

*Clients had 30 fewer days to redeem benefits due to the government shutdown

Emergency Preparedness

EMERGENCY PREPAREDNESS



Region 7 Healthcare Alliance

Our mission is to protect the health and welfare of the people of Region 7 by mitigating the effects of public health emergencies related to all hazards events, specifically to include an attack utilizing biological agents or weapons.

- PODS functional exercise presentation
- Behavioral Health Data dashboard
- 2025 Seasonal weather outlook
- Wildfire Smoke program
- Measles
- Region 7 Wildfire Vulnerability Assessment
- County Emergency Management Assessment
- Quincy Valley Medical Center – New facility
- Firewise in Wildfire response
- Region 7 All-Hazards Plan
- Examining and Addressing drug/overdose in North Central Washington
- Health Effects of Wildfire Smoke on Children with Asma

Regional Partners

- Community Health
- Emergency Management
- Emergency Medical Services
- Hospitals
- Long-Term Care Facilities
- Public Health
- Tribal Partners

Incident Command System

The Incident Command System (ICS) is a standardized approach to incident management that provides a common hierarchy for effective emergency response. It integrates facilities, equipment, personnel, procedures, and communications within a common organizational structures. Upon hire, it is highly recommended that all CDHD staff complete IS-100.C: Introduction to the Incident Command System and IS-700.B: An introduction to the National Incident Management System.

Chelan-Douglas Medical Reserve Corps



Volunteers Building Strong, Healthy, and Prepared Communities

Medical Reserve Corps

The Chelan-Douglas Medical Reserve Corps is part of a Nation-wide network of community-based, civilian volunteers established to help build public health response and capacity within the community.

Medical Reserve Corps

The MRC was formed after the September 11, 2001, attacks as a way for citizen volunteers to aid after a crisis. To date, the MRC is a network of over 300,000 amazing volunteers throughout the United States.

Over the past year, MRC volunteers have contributed more than 180 hours of service, demonstrating an exceptional commitment to public health, emergency preparedness, and community support to include: the Harvest Food Bank, National Night Out and Sledding into Health event. Their willingness to step forward in times of need, coupled with their professionalism and compassion, has made a meaningful impact on the well-being and resilience of our community. We are deeply grateful for their continued partnership and the vital role they play in helping us fulfill our mission.

Community Medical Needs Vending Machine

January 2025	February 2025	March 2025	April 2025	May 2025	June 2025
Narcan 34 !Health 71	Narcan 49 !Health 135	Narcan 55 !Health 102	Narcan 49 !Health 12	Narcan 55 !Health 25	Narcan 10 !Health 33
July 2025	August 2025	September 2025	October 2025	November 2025	December 2025
Narcan 64 !Health 33	Narcan 34 !Health 54	Narcan 20 !Health 201	Narcan 18 !Health 107	Narcan 25 !Health 100	Narcan 24 !Health 61

EMERGENCY PREPAREDNESS

Regional
Environmental
Hazard Mitigation
Program

The Regional Environmental Hazards Mitigation Program works to protect public health from wildfire smoke through enhanced preparedness, coordinated response, and equitable mitigation strategies across the region.

Chelan and Douglas counties experienced sustained smoke impacts during the prolonged and challenging 2025 wildfire season in North Central Washington, creating significant public health concerns for residents, schools, and other vulnerable populations. Here is a look at just some of the program’s achievements this year!

Activity	Achievement
Box Fan Kits Distribution	Over 500 box fan kits distributed to community members, schools, and organizations across the region.
Purple Air Monitors Installed	18 indoor air monitors installed across: NCW Libraries: Cashmere, Coulee City, Entiat, Ephrata, Grand Coulee, George, Leavenworth, Quincy, Peshastin, Soap Lake, Warden, Wenatchee Schools: Entiat, Mountain Sprouts-Plain, Waterville, Orondo Hospitals: Lake Chelan Community Hospital Community: Holden Village
HEPA Portable Air Cleaners	Over 145 portable HEPA air cleaners distributed to individuals, schools, and organizations. Recipients include Cascade, Kenroy, Lee, and Beaver Valley Elementary (Plain), Mountain Sprouts (Plain).
Educational Presentations	6 presenations delivered on the health impacts of wildfire smoke throughout the region.
Commercials Air Cleaner Deployment	55 deployments of RSF 300 & 500 units to support wildfire smoke protection and COVID-19 outbreak response in LTCFs. NCW Libraries: Cashmere, George, Grand Coulee, Quincy, Wenatchee LTCF: Grant County Schools: Entiat, Orondo, Sterling, Waterville, Wenatchee High School Events: Chelan County Fair, Grant County Fair Other: Entiat Evacuation Shelter, Holden Village, Tri-County Staging: Kittitas, Holden Village, Okanogan
Vulnerability Assessment	Managed development of the Region 7 Wildfire and Smoke Vulnerability Assessment.
Air Quality Monitoring	Monitoring support at: NCW Libraries: Beaver Valley, Cashmere, Leavenworth, Wenatchee Schools: Cascade Elementary, Cascade Christian Academy Daycare, Cascade High School, Kenroy Elementary, Lee Elementary, Mountain Sprouts, Rock Island, Sterling, Wenatchee High School, Wenatchee Valley College Other: Chelan County Fair, Entiat Red Cross Shelter
N95 Mask Distribution	Pre-staged N95 mask distribution sites in Bridgeport, Cashmere, Chelan, East Wenatchee, Entiat, Lake Wenatchee, Leavenworth, Mansfield, Manson, Plain, Waterville and Wenatchee

Environmental Health

Background Information

The Environmental Health Program is responsible for protecting public health by ensuring safe food systems, water quality, wastewater management, recreational water safety, and proper solid waste handling across the jurisdiction. The program administers and enforces applicable provisions of the Washington State Retail Food Code, on-site sewage system regulations, water recreation standards, and solid waste handling requirements through a combination of inspection, permitting, education, and technical assistance.

Program activities are organized across primary service areas including Food & Living Environment, On-Site Wastewater (OSS), Water Recreation, and Solid Waste. Staff work closely with regulated facilities, community partners, and state agencies to promote compliance, reduce environmental health risks, and support safe development and operations.

Core functions of the program include:

- Routine and complaint-based inspections to ensure compliance with health and safety standards
- Plan and permit review for new and modified facilities and systems
- Investigation and response to public health concerns and reported complaints
- Technical assistance and consultation to support operators and property owners
- Coordination with local and state partners on regulatory oversight and public health response

Local health jurisdictions in Washington State play a critical role in solid waste management through the protection of public health and the environment. In coordination with the Washington State Department of Ecology, jurisdictions implement and enforce minimum functional standards for solid waste handling. Responsibilities include permitting and inspection of solid waste facilities, responding to illegal dumping and nuisance complaints, reviewing solid waste proposals, and ensuring compliance with Chapter 173-350 of the Washington Administrative Code (WAC). While statewide planning and regulatory authority are maintained at the state level, local jurisdictions provide essential on-the-ground oversight to prevent impacts to air, soil, and water quality.

Throughout the reporting period, the program maintained a strong field presence while balancing regulatory enforcement with education and outreach. Efforts were focused on risk reduction, timely response to emerging issues, and supporting sustainable compliance across all regulated activities.

2025 Key Accomplishments

- Partnered with the Dept. of Ecology for a Well-Delegation Program
- Locally adopted new On-Site Wastewater Rules
- Created an Unpermitted Food Vendor Task Force
- Adopted software for implementation of Operations and Maintenance Program (On-Site Wastewater)

On-Site Wastewater Program

Category	Annual Total	Breakdown
OSS Septic Permit Reviews	515	467 OSS Permits 48 Project Reviews
Drinking Water Reviews	167	125 Private Water 38 Public Water
Land use Reviews	176	
Soil/Site Evaluations	3	

Subtotal-OSS Program 861

Solid Waste Program

Category	Annual Total
Solid Waste Facility Inspection	66
Complaint Investigation (Dumping/Nuisance)	74 (opened)
Enforcement Actions	58 (closed)
Site Visits/Technical Assistance	190

Subtotal-Solid Waste 388

Environmental Health

Food & Living Environment

Category	Change of Ownership	Exemption Applications	Plan & menu Review	Temporary Food Inspections	Routine Inspections	Pre-opening Inspections	Complaint Investigation	Consultations	School Certified Billed
Annual Total	33	45	103	650	761	77	86	11	1

Subtotal-Food & Living 1,767

Water Recreation Program

Category	Annual Total
Pool & Spa Inspections	262

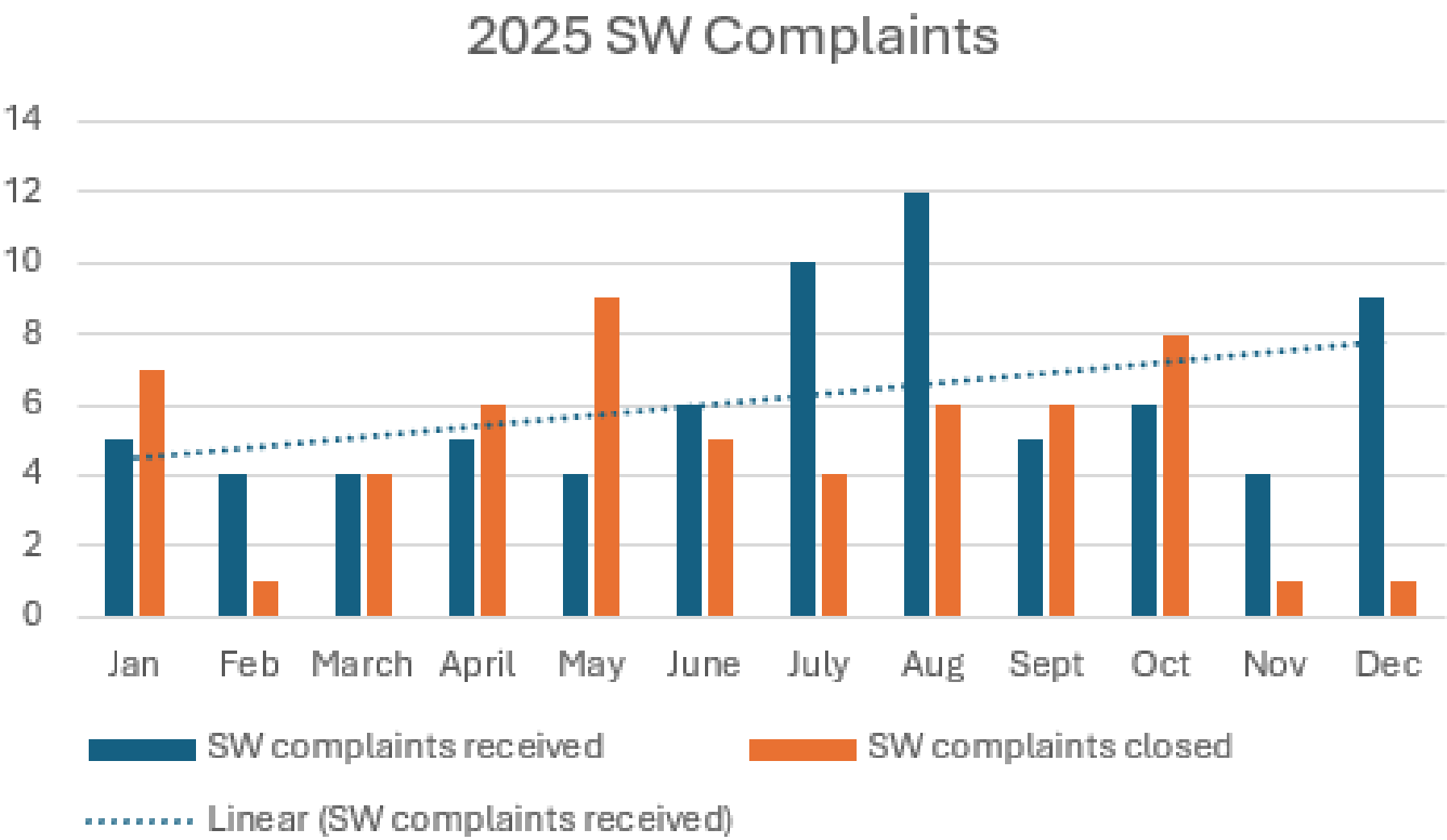
Subtotal- Water Recreation Program 262

Environmental Health Activities

Program Area	Total
Food & Living Environment	1,767
On-Site Wastewater Program	861
Water Recreation Program	262
Solid Waste Program	388

Grand Total 3,278

Solid Waste Program Complaints
Complaints about improper residential garbage storage and/or disposal increased this year when compared to 2024 though we had fewer rat complaints this year.



Hazardous Waste and the Pollution Prevention Assistance (PPA) program
The PPA program conducts site visits with small business that generate hazardous wastes such as used motor oil, solvents, antifreeze, and oil based paints. We provide guidance on how to properly store and label these wastes, how to properly dispose of these wastes, and how to replace these wastes with environmentally friendly options. We conduct three types of visits including Initial Visit (a complete visit with checklist), Screening Visit (an attempted visit to the site but the business declined or put off the visit), or a Follow-Up Visit (a second visit to the site within 90 days of the Initial Visit to confirm any found issues). The program target for 2025 was 48 initial visits and staff conducted 49 (102.1% of contract target).

Environmental Health

Technical Assistance

Calls, inquiries, and complaints can take a lot of staff time to research, write letters or emails, confer with other agencies, initial and possibly follow-up site visits, and review of state and local codes. These “technical assistance” events are important to the caller, help protect public health and help educate the general public for various Environmental Health issues. Public Records Requests generally involve records search for one specific address or parcel. Due to our antiquated databases, there are several locations to search for a record.



SW Public Records Request	29
Tech assistance - Rats	13
Tech assistance - Mold	55
Tech assistance - Mosquitoes	5
Tech assistance - Landlord/Tenant	4
Tech assistance - Pigeons	1
Tech assistance - Cockroaches	2
Tech assistance - Bedbugs	26
Tech assistance - Public Smoking	2
Tech assistance - Hoarding	2

Facility Inspections

Staff conducted 66 permitted facility inspections which represent 103.1% of this year’s goal. Not represented in this number were multiple additional visits to an inert waste facility with numerous repeat solid waste violations resulting in \$1500 in fines.

Records Archival project

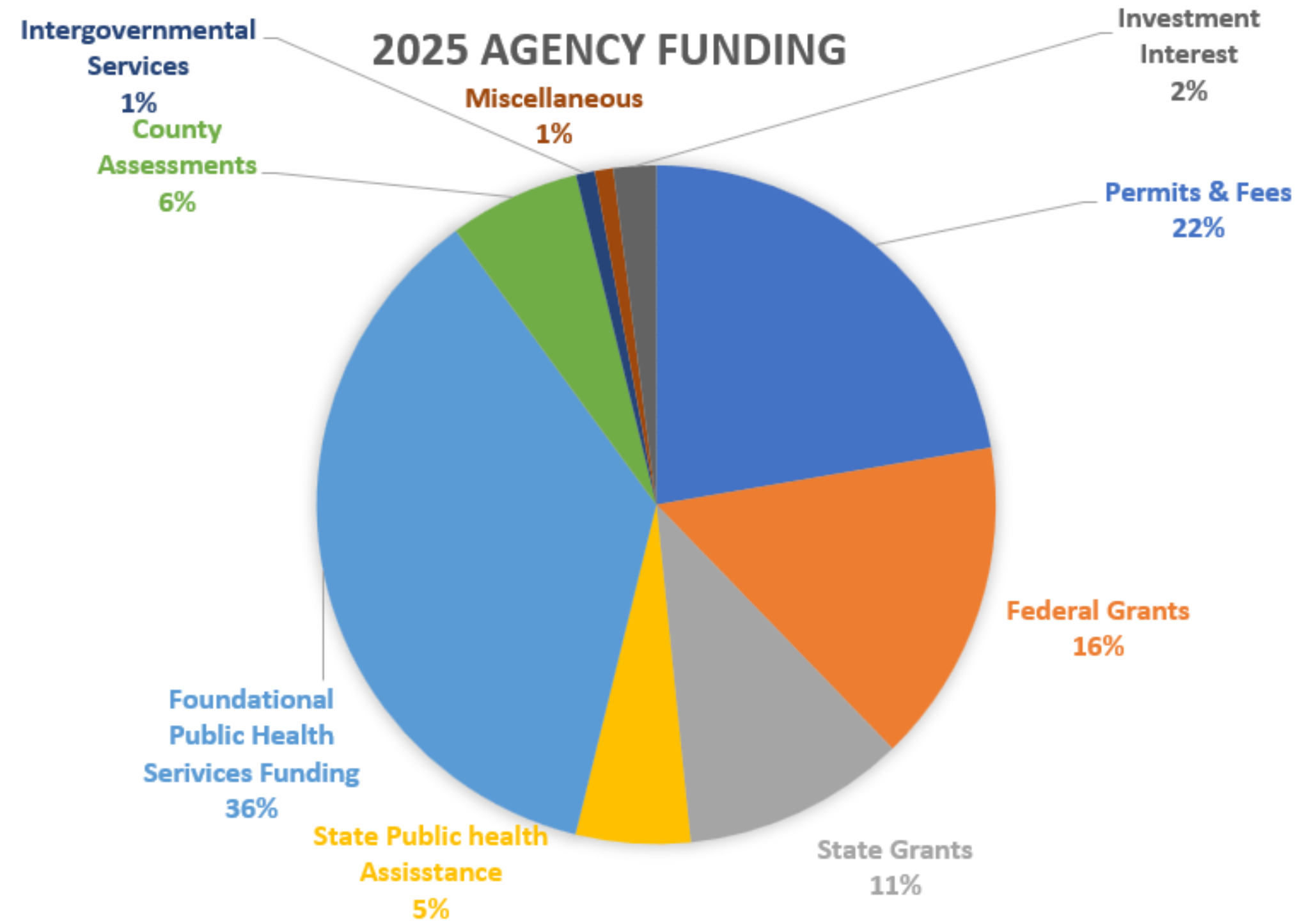
Records Archival project. Solid waste staff continued to organize any digital records, scanning solid waste facility paper files, site hazard assessments from the 1990s, and processing/destroying old paper complaint files. We estimated nearly 2000 pounds of paper files in 102 Banker Boxes. Currently we are at 24.1% of all solid waste paper files scanned, organized, or destroyed per Washington State Archive’s requirements. All paper files have been moved from the off site storage unit to the CDHD basement in a locked file room.

Other notable events

Staff attended the KPQ Home Show in March, approved the Douglas County Moderate Risk Waste facility construction plans, mailed 850+ letters to all permitted Food Establishments about their responsibilities towards the Organic Management Law which requires food waste to be diverted from the municipal waste stream to a composting facility. Solid waste program staff also attended the monthly joint county/CDHD in-person meetings, Solid Waste Advisory Committee meetings, and work closely with county Code Enforcement on hoarding complaints and illegal dump sites.

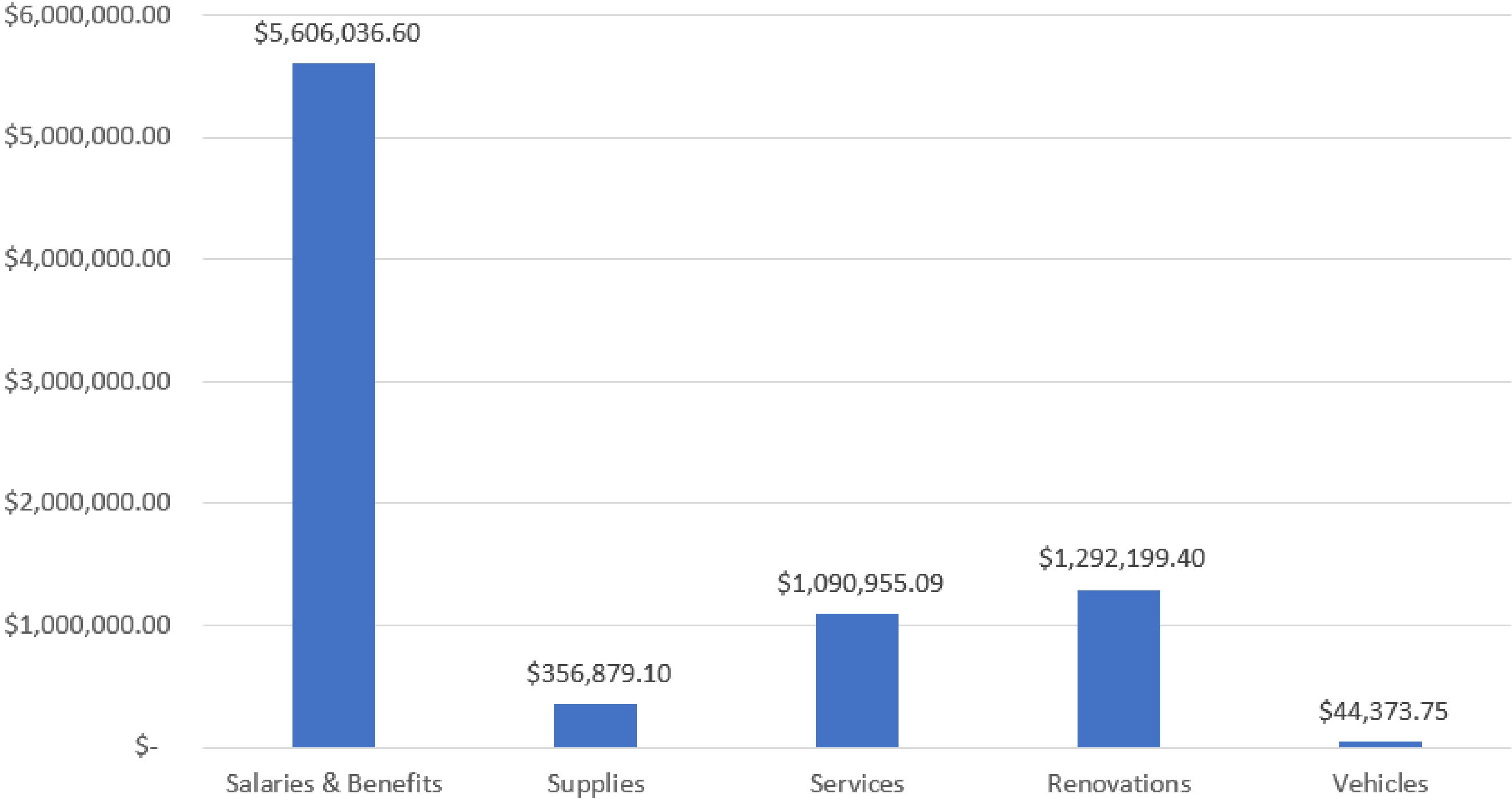
Funding

Funding



2025 Total Funding: \$7,330,322

Expense by Type



Funding



2025 Total Expense: \$8,390,444

Vital Statistics

Vital statistics are the compilation and analysis of information collected from vital event records reported in Chelan and Douglas counties and entire state. Some of the most important information about the health of the population comes from vital records, such as leading causes of death. Vital records data are used throughout the state and nation for analysis of the health trends, program planning and policy development.

Birth & Death Certificates

Chelan-Douglas Health District issues Washington State birth and death certificates, certifies death records and files affidavit for corrections with the Washington State Department of Health.

Certificates issued	2025
Death Certificates	4,228
Birth Certifcates	5,233

Members of the Board of Health

Shon Smith, Chair, Chelan County Commissioner

Randy Agnew, Vice Chair, Douglas County Commissioner

Jerrilea Crawford, East Wenatchee Mayor

Brad Hawkins, Chelan County Commissioner

Sharon Waters, Leavenworth City Council member

Dr. Bindu Nayak, Endocrinologist, Confluence Health

Bill Sullivan, Licensed Hydrogeologist, American Land and Water

Marissa Smith, MSN, RN, Columbia Valley Community Health

Alma Chacon, Executive Policy Advisor, CAFÉ

Joseph Hunter, Recovery Coach Network Manager, Thriving Together NCW

Marc Straub, Douglas County Commissioner

Carin Smith, Confluence Health